

RCES P.E. E-Learning 2020 Newsletter - May

Greetings

Hello RCES families!

We hope you are staying healthy and happy during your time at home.

Ms Coronelli, Mr. Matsko, and Mr. Porter sure do miss the kiddos and want nothing more than to be back in P.E class with them all!

Check out the latest Bingo game full of Art, Music, P.E, and Science

[K-2nd Grade](#)

[3-5th Grade](#)

Kids Corner

All weather ideas

Outdoor activities

- Ride a bike/scooter
- Jump Rope
- Dribble a soccer ball or basketball

Indoor activities

- Check out [P.E. with Joe](#)
- Check out [Just Dance](#)
- Check out [Go Noodle](#)

P.E. Expectations

Be Respectful	Be Responsible	Be Safe
<p>* Follow directions</p> 	<p>*Ask for help when needed</p> 	<p>*Stay in the proper area</p> 
<p>*Use equipment properly</p> 	<p>*When you hear the whistle STOP, LOOK and LISTEN</p> 	<p>*Be aware of your surroundings</p> 
<p>*Play fairly</p> 		<p>*Keep hands and feet to yourself</p> 

Parents Corner

Are you looking for daily activities to keep your child active? Check out this [calendar](#) full of fun and easy activities for your child to do each day.

Family Corner

Do you need some NEW ideas the whole family can participate in?

Here are a few ideas to get your family active and busy!

1. Play hide and seek
2. Play a board game
3. Have a scavenger hunt
4. Bake homemade cookies from scratch
5. Play Simon Says