

# Food Allergy Alert

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Date:

Dear Parents,

This letter is to inform you that a student(s) in your child's classroom has a food allergy. According to the Food Allergy Action Plan the symptoms are:

Severe – Needing an epi-pen due to systemic reaction causing respiratory arrest	Moderate – Needing Benadryl (diphenhydramine) to control symptoms – Itchy rashes, hives or mild nausea.	Mild- Needing dietary restrictions of foods.
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The student is allergic to:

Exposure to allergens can lead to a life threatening reaction. It is our goal to ensure that every student in our school is safe. Our District has adopted a policy for managing students with food allergies. Our policy is in compliance with Public Act 96-0349 and meets the guidelines created by the Illinois State Board of Education and the Illinois Department of Public Health.

Because these students cannot be in contact with foods containing this/these allergen(s) listed above, we are requesting that you not send these foods to school for snacks or treats. Even trace amounts of these allergens could result in a severe allergic reaction. Sometimes these elements may be hidden in processed foods.

**Please discuss the following with your child:**

- Do not offer, share, or exchange any foods with other students at school.
- Hand washing with soap and water, after eating, is necessary to decrease the chance of cross contamination on surfaces at school.
- If your child rides the bus, remind them that there is a **“NO EATING ON THE BUS”** policy, unless otherwise directed by a physician for example diabetic hypoglycemic reaction.

Thank you for your consideration and help in this matter. You may check [snacksafely.com](http://snacksafely.com) for appropriate snack choices for the classroom. Please call if you have further questions.

Kathy Jones APN, District School Nurse

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