

REED-CUSTER COMMUNITY FIELDHOUSE RULES AND REGULATIONS

1. All field house members must currently be living inside the newly delegated membership boundaries.
2. All field house participants must sign the sign-in sheet located at the front desk when entering the field house.
3. All members must have their membership cards with them when entering the field house. Entrance may be denied without membership card or a drop-in fee may be charged.
4. All participants **must bring a change of shoes** to wear in the field house. (This prevents damage to field house floors).
5. All participants using the fitness center or free weight rooms **must bring their own towels** for the purpose of wiping off each machine after use.
6. Participants under the age of 13 are not allowed in the field house without the supervision of one of their **own parents**.
7. Participants 10 years or younger are not allowed in the fitness center or free weight room at any time.
8. Parents bringing younger children to the field house should make arrangements to have younger children supervised when in the fitness center or in the Field house.
9. Food, candy, gum or pop is not allowed in any part of the field house or fitness center/weight room. The main lobby is the only area where pop is allowed.
10. Smoking or the use of smokeless tobacco is prohibited according to Illinois law.
11. **Proper dress/Attire:** Shirt & shoes **MUST** be worn at all times!
 - a. **No head wear of any kind is allowed.** This includes hats, bandanas, hoods, cloth pullovers, or any other type of head wear which the field house staff sees as a safety hazard. (All head wear must be removed at the front door of the FH when signing in).
 - b. **Street clothes are not allowed in the field house for athletic activities.**
 - c. **All clothing must fit properly to insure safe use of equipment** (no boxers showing!).
12. Please observe all warnings and instructions displayed in the field house.
13. All field house equipment used by participants must be returned to its proper position or storage area. (Example: Basketballs placed back in basketball cart, weights returned to rack).
14. Participants playing basketball may not dunk or hang on any part of the basket assembly. Participants engaging in this type of activity will be removed from the field house without a refund for a period of time to be determined by the field house director.
15. **All bags, clothes, shoes, or extra clothing should be kept in the main lobby of the field house or along the outside walls of the track area in the field house.**
NO gym bags will be allowed past the foyer! This is a safety issue. (12/1/11)
16. The field house is not responsible for the loss of participants clothing, equipment, or valuables. Lockers are available to you in the locker rooms
17. Any participants engaging in a fight or other act of poor sportsmanship (unsportsmanship acts, unacceptable language, etc.) will, without refund, be removed from the field house for a period of time set by the field house director.
18. Student members who need to be picked up at closing time must call for their ride 15 minutes before the listed closing time.
19. All activities in the field house will be stopped five minutes before the listed closing time.
20. **ALL** participants shall be required to follow the Field house Rules & Regulations during Community Open Hours, regardless if it is school related events/ functions or not.

I understand by signing this form I agree and understand the Fieldhouse must close to the public at times during the school term and will shorten hours for the summer months.

I, the undersigned, have read and understand all the above rules for the field house use. I understand that failure to follow these rules may result in losing the privilege of using the field house facility in the future.

Signature

Date